

*Saint Philip Church  
Greenville*

*Saint Alphonsus Ligouri's*

# *Act of Spiritual Communion*

**My Jesus,  
I believe that You are present in the Most Holy Sacrament.**

**I love You above all things,  
and I desire to receive You into my soul.**

**Since I cannot at this moment receive You  
in Holy Communion,  
come spiritually into my heart.**

**I embrace You as if You were already there  
and I unite myself completely to You.**

**Never permit me to be separated from You.**

**Amen.**